

Organised by:



# OGSM CREATE Contraceptive Workshop Kuala Lumpur



PRACTICAL & HANDS ON SESSIONS FOR HORMONAL IMPLANT  
& INTRA-UTERINE CONTRACEPTIVE DEVICE (IUCD) PROCEDURES

Date: 12th & 13th April 2025,  
Saturday & Sunday

Venue: Auditorium, Hospital Ampang  
(Taman Pandan Mewah, Ampang Jaya)

**16 CPD points**

Certificate, Practical Session

**RM230** Early bird

**RM250** Regular

Per participant

For further inquiries, email us at  
rraamalaysia@gmail.com or contact us at  
+6 016 259 2341

## Speakers:

**Dr John Teo**

Obstetrician & Gynaecologist (O&G)

**Dr Geetha Thambyraja**

Obstetrician & Gynaecologist (O&G)

**Dr Lavitha Sivapatham**

Obstetrician & Gynaecologist (O&G)

**Dr Subatra Jayaraj**

Primary Care Reproductive Health Specialist

**Dr Emily Christine D'Silva**

Obstetrician & Gynaecologist (O&G)

### Day 1: 12th April 2025, Saturday

TIME	SESSION
8.00 AM	Registration
8.30 AM	Overview of Unintended Pregnancies & Status of Contraception in Malaysia
9.00 AM	Natural LARCs - IUDs and Implants
9.30 AM	Break
10.00 AM	Contraceptive Usage In High Risk Patients & Specialised Groups
10.30 AM	Emergency Contraceptives & Sterilisation
11.00 AM	Natural Methods (LAM, Rhythm, Withdrawal) & Barrier Methods
11.30 AM	Combined Hormonal Contraception
12.15 PM	Lunch Break
1.30 PM	Progesterone Only Contraception
2.00 PM	Case Discussion
2.30 PM	Contraceptive Counselling
3.00 PM	Role Play
3.45 PM	Adjournment

### Day 2: 13th April 2025, Sunday

TIME	SESSION
8.00 AM	Registration
8.30 AM	Overview of Contraception in Malaysia
9.00 AM	Role of LARCs In The Prevention Of Unintended Pregnancies & The Malaysian LARCs Guidelines
9.30 AM	Break
10.00 AM	IUDs and IUS
10.30 AM	Hormonal Implants
11.30 AM	Video of Implant Insertion & Removal
12.00 PM	Practical Sessions On Implants & IUCDs Insertion and Removal
1.30 PM	Questions & Answers (Q&As)
1.40 PM	Lunch Break
2.45 PM	Contraceptive Counselling
4.45 PM	Adjournment

Limited Slots Only

Register now before:

**7 April 2025**

At registration link:

[bit.ly/CREATEKL25](https://bit.ly/CREATEKL25)

In collaboration with:

