

4TH

UROGYNAE SYMPOSIUM

2025



by Persatuan HSAOG

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FOR MORE INFORMATION:

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22 - 23 FEB 2025

Sunway Hotel, Iskandar Puteri Johor Bahru

UROGYNAE UNLEASHED: PELVIC POWER IN PRACTICE

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0730-0800	Registration
0800-0830	Opening ceremony
	STRENGTHENING PELVIC HEALTH
0830-0900	'The Pelvic Powerhouse' Anatomy and physiology of pelvic floor <i>by Dr Ida</i>
0900-0930	'Down but not Out' History, examination and assessment of pelvic organ prolapse <i>by Dr Daniel Chu</i>
0930-1000	'From prolapse to power' Non-surgical approaches to Pelvic Organ Prolapse <i>by Dato Rozihan</i>
1000-1030	Coffee break
	OPTIMISING BLADDER HEALTH
1030-1100	'Bladder blues' Decoding painful bladder syndrome <i>by Prof Ixora</i>
1100-1130	'Bladder in Balance' Taming the urge of OAB <i>by Dr Sukanda</i>
1130-1200	'From storage to stream' Unmasking the mystery of stress urinary incontinence <i>by Dato Aruku</i>
1200-1230	'Rebuilding Bladder Health' Postpartum voiding dysfunction <i>by Dr Norlelawati</i>
1230-1330	Lunch talk
1330-1430	Lunch and Prayers
1430-1630	WORKSHOP SESSIONS
	Station 1: Cracking Urodynamics (Dr Sukanda/Dato Aruku)
	Station 2: Perfect fit: Mastering POP-Q and ring pessaries (Dato Rozihan / Dr Ida)
	Station 3: The Kegel Connection: From weak to Peak (Puan Suhaila / Prof Ixora)
	Station 4: Bladder Essentials: CISC, Diaries and Retraining (Dr Fadiyah/ Dr Daniel /Dr Norlela)
1630-1700	Coffee break

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0730-0800	Registration
	BEYOND THE BIRTH : OASI INSIGHTS
0800-0830	'The hidden powerhouse' Anatomy and physiology of anal sphincter <i>by Dr Fadiah</i>
0830-0900	'OASI uncovered' Overview, prevalence and prevention of OASI <i>by Dr Ng PY</i>
0900-0930	'Seamlessly healing' Repair technique and suturing of OASI <i>by Dr Ng PY</i>
0930-1000	'OASI unseen' Detecting residual defects with TPUSG <i>by Dr Norlelawati</i>
1000-1030	Coffee break
1030-1100	'OMG! Pregnant again?! Pregnancy and Delivery post-OASI <i>by Dr Sukanda</i>
1100-1130	'Bounce back: Managing Anal Incontinence' A Urogynaecologist's Approach to Diagnosis, Treatment and Rehabilitation <i>by Dato Rozihan</i>
	UROGYNAECOLOGY SURGERY: BALANCING TRADITION AND INNOVATION
1130-1200	'Prolapse no more' Surgical management of Pelvic organ Prolapse <i>by Prof Ixora</i>
1200-1230	'From leaks to liberation' Surgical management of stress urinary incontinence <i>by Dr Ida</i>
1230-1300	'Rejuvenation of Ms V: From aesthetic to functional' The evolving role of vaginal rejuvenation for Pelvic Floor Disorders <i>by Dato Aruku</i>
1300-1330	Lunch talk
1330-1430	Lunch and Prayers
1430-1630	WORKSHOP SESSIONS
	Station 1: Vaginal hysterectomy Step-by-Step Simulation (Prof Ixora/ Dr Ida/Dr Norlela/Dr Wahidah)
	Station 2: OASI Surgical Repair & Reconstruction (Dr Sukanda /Dr Ng/ Dato Aruku/Dato Rozihan)
	Station 3: Suture Smarts: Perfecting Basic Suturing Techniques (Dr Fadiah)
	Station 4: OASI in Focus: Video Demonstration and Surgical Techniques (Dr Daniel)
1630-1700	Quiz & Coffee break

Our speakers



Dr Ng Poh Yin
Senior Consultant & Head of
Urogynaecology in HTA
President of Malaysia Urogynaecology
Society



Dato' Rozihan Binti Haji Ismail
Consultant in Obstetrics and
Gynaecology, Urogynaecology and
Pahang Head of O&G service, HTAA



Dr Ida Lilywaty
Consultant Obstetrician,
Gynaecologist and Urogynaecologist
Gleneagles Kuala Lumpur



Dr Norlelawati Bt Ab Latip
Consultant Obstetrician,
Gynaecologist and Urogynaecologist
Head of Department O&G HSAJB



Assoc. Prof. Dato' Aruku Naidu
Consultant Obstetrician, Gynaecologist
and Urogynaecologist
UNIKL RCMP Ipoh



Dr Sukanda bin Jaili
Head and Consultant Urogynaecology
Hospital Umum Sarawak
Vice President of MUGS



Assoc. Prof. Dr. Ixora Kamisan Atan
Consultant Obstetrician,
Gynaecologist & Urogynaecologist
Head of O&G Department,
Faculty of Medicine, UKM



Dr Nurul Fadiah Binti Othman
O&G Specialist in HSAJB
Urogynae Trainee



Pn Suhaila Shohaimi
Senior Physiotherapist in HCTM
Specialized in Pelvic Floor Muscle
Rehabilitation Programs



Dr Daniel Chu Mun Chung
O&G Specialist in HSIJB
Urogynae Trainee