



DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY

2024/26

CERTIFICATE COURSE IN MATERNAL AND INFANT NUTRITION

02/09 – 17/10/2024 (Face to face)

Same as the course of OBSC5001 MSc in Obstetric and Midwifery Care

COURSE DESCRIPTION

This 39-hour programme is designed for midwives who care preconceptual, pregnant, postpartum and breastfeeding women, newborns and infants during their first 1000 days of life. The course is divided into four parts that each focus on different core concepts relating to maternal and infant health.

PART 1 Provide an overview of human gut microbiome and how it composites and affects human beings

PART 2 Advise an appropriate meal plan to pregnant and lactating women through informed knowledge of different food factors

PART 3 Review on supporting skills to women undergoing breast surgery and lactating concerns. Discuss coping strategies and bioethics concerns for women with lactating problems

PART 4 Identify infants with growth and survival threats related to nutrition and inborn error metabolism. Introduction of tongue-tied assessment, diagnosis and management in newborns. Address specific lactation skills in supporting these dyads

INTENDED LEARNING OUTCOMES

- Describe the composition of human microbiome
- Understand the effect of antibiotics, probiotics and prebiotics on the developing infant gut microbiota
- Design a nutrition plan for pregnant and lactating women.
- To be able to differentiate breast pain, plugging and mastitis and give relevant support to women by both physical means and psychological coping strategies
- Understand key aspects of breast physical examination
- Advise mother the nutritional concerns to both normal infants and those with problems of birth defects and inborn error metabolism
- Identify types of tongue tie and describe the management and supporting strategies to lactating mothers

ACCREDITATION

39 CNE points accredited by CUOG
39 CEM points accredited by CUOG

**CERPs Approval Number: C202431
32.5 L; 2 E & 4.5 R CERPs**

LANGUAGE

English

TUITION FEE

HKD \$ 17,193

APPLICATION DEADLINE

20 Aug 2024

ENTRY REQUIREMENT

Applicants should possess a BSc degree or relevant diploma

TARGET PARTICIPANTS

Midwives who are caring pregnant women and infants in both out-patient and in-patient setting

COURSE DESIGN

The whole course is delivered through lectures and interactive case discussion

ONLINE REGISTRATION

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=13690078>

CONTACT

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LOCAL SPEAKERS

- Multidisciplinary professionals from different specialties including obstetricians, paediatricians, midwives and lactation consultants specialized in employment litigation

ASSESSMENT

- Written (MCQ) examination on 17 Oct 2024

CERTIFICATE OF COMPLETION

- At least 80% of overall attendance
- A passing grade of 60% on the written examination

CERTIFICATE OF ATTENDANCE

- At least 80% of attendance but does not pass the written examination

REMARKS

- Student who successfully completes all the course requirement may be eligible to apply the course exemption for OBSC5001 of MSc in Obstetric and Midwifery Care in future

COURSE SCHEDULE

Date	Day	Time
2 Sep 2024	Mon	18:15 – 21:30
5 Sep 2024	Thu	18:30 – 21:30
9 Sep 2024	Mon	18:30 – 21:30
12 Sep 2024	Thu	18:30 – 21:30
19 Sep 2024	Thu	18:00 – 21:30
21 Sep 2024	Sat	09:00 – 16:45
23 Sep 2024	Mon	18:00 – 21:30
26 Sep 2024	Thu	18:30 – 21:30
30 Sep 2024	Mon	18:30 – 21:30
3 Oct 2024	Thu	18:30 – 21:30
7 Oct 2024	Mon	18:00 – 21:30
10 Oct 2024	Thu	18:30 – 21:30

TEACHING FORMAT

Face to face

WRITTEN EXAMINATION (MCQ)

17 Oct 2024	Thu	18:30 – 21:30
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