

# DEEP DIVE INTO DYSPAREUNIA: a multidisciplinary workshop on sexual pain

Saturday 6 August 2022

TIMES	TOPICS	SPEAKERS
08.00 – 08.30	Optional Session - Technical assistance with Zoom and/or Moodle (if required)	
08.30 – 08.45	Introduction to the Course	<b>Dr Anita Elias</b> MBBS FECSM FASPM Sexual Medicine Specialist, Relationship and Sex Therapist. Sexual Medicine and Therapy Clinic Monash Health; Monash University; Malvern Psychotherapy Centre
08.45 – 09.20	General Practice, the First Port of Call: A Biopsychosocial Approach to Assessing and Managing Sexual Pain	<b>Dr Felicity Dent</b> MBBS FRACGP CSCT Cert Sexual & Reproductive Health Specialist, Women's Health General Practitioner, Inner Western Melbourne
09.20 – 09.55	Delve Deeper: Gynaecological Management of Superficial and Deep Dyspareunia	<b>Dr Desiree Yap AM</b> MBBS FRANZCOG FRCOG MPHTM Gynaecologist, Monash Health; The Royal Women's Hospital Parkville; Empower Women's Health
09.55 – 10.30	Skin Deep: What to do about Vulval Pathology Leading to Painful Sex	<b>Dr Tanya Bohl</b> MBBS FACD Gynaecological Dermatologist. Vulval Clinic, Jean Hailes Foundation; Private practice in Warragul
10.30 – 10.45	MORNING TEA	
10.45 – 11.20	Connection Matters: The Mind/Body Connection and Impact of Interpersonal Factors	<b>Dr Anita Elias</b> MBBS FECSM FASPM Sexual Medicine Specialist, Relationship and Sex Therapist. Sexual Medicine and Therapy Clinic, Monash Health; Monash University; Malvern Psychotherapy Centre
11.20 – 11.55	The Physiotherapist's Role: So Much More than Muscles	<b>Ms Shan Morrison</b> BAppSc(Phty), PostGradCert(Pelvic Floor) FACP Specialist Women's, Men's & Pelvic Health Physiotherapist. Director, Women's & Men's Health Physiotherapy
11.55 – 12.30	A Pain Specialist's Approach to Sexual Pain	<b>Dr Megan Eddy</b> MBBS B Physio(Hons) FRACGP FFPMANZCA Specialist Pain Medicine Physician, Private Practice -Western Pain Group
12.30 – 13.05	Trauma (big T and little t) as the Root Cause: Psychological Treatment and Trauma Informed Care	<b>Dr Sarah Ashton</b> BA Psych (Hons) PhD (Preventive Medicine) MAPS Director & Principal Psychologist, Sexual Health and Intimacy Psychological Services (SHIPS)
13.05 – 14.00	LUNCH BREAK	
14.00 – 14.30	Breakout rooms for case discussions	
14.30 – 15.45	Whole group case discussions and feedback	
15.45 – 16.00	AFTERNOON TEA	
16.00 – 17.15	Whole group case discussion continue	
17.15 – 17.30	Q&A / Closing remarks	