

Optimizing Reproductive

health in women with obesity

Date

15th October 2021

Time

4.30pm – 6.00pm

Agenda

- | | | |
|--------|--|-----------------------|
| 4.30pm | Opening and Welcome by NN | Dr Sid |
| 4.35pm | Obesity and Infertility:
Is there a link? | Dr Mukhri |
| 5.00pm | Looking beyond lifestyle
intervention for weight
management | Dr Shalini |
| 5.25pm | Panel discussion | Dr Mukhri, Dr Shalini |
| 5.40pm | Q and A | Dr Mukhri, Dr Shalini |
| 6.00pm | Closing | |





Associate Prof Dr Mukhri B. Hamdan

Associate Professor Department of Obsteric & Gynaecology Faculty of Medicine, University Malaya Medical Centre

Associate Professor Dr. Mukhri Hamdan, is one of the rare clinician-scientists in Malaysia. He holds both a Ph.D. from the University of Southampton UK in reproductive sciences (Endometriosis) and also a clinical master in Obstetrics and Gynaecology (MOBGyn) from University Malaya.

He is a trained subspecialist in reproductive medicine and surgery and currently works as a consultant in UMMC and UMSC. He was trained within Malaysia and the United Kingdom hospitals. He completed his clinical master's in 2010, and joined Complete Fertility Southampton, United Kingdom and gained advanced training in infertility. He is certified by British Fertility Society (BFS) to perform embryo transfer (ET) and intrauterine insemination (IUI).

Dr. Mukhri was awarded a Ph.D. in 2016 and has been a keen researcher in his field since then. He did both clinical and laboratory work including performing meta-analyses, database analysis, conducting animal/human study, and discovering biomarkers for endometriosis. He has presented his work in many international meetings and has published them in high impact academic journals in various aspects of the endometriosis field.

He has now known among the Obstetrics and Gynaecology fraternity in Malaysia as he is actively involved in writing up the National Curriculum for O&G. He speaks regularly in the O&G Society of Malaysia congresses and currently elected as the council member for the College of Obstetrics and Gynaecology, Academy of Medicine Malaysia. He has the vision to improve the quality of training both in O&G and reproductive medicine training.



Dr. Shalini C Sree Dharan

Physician and Endocrinologist, Pantai Kuala Lumpur

Dr. Shalini graduated from University Science Malaysia in 2005 and obtained her MRCP in 2011. She completed her fellowship Endocrinology and Diabetes Fellowship (Malaysia & UK in 2017). She is also a member of Malaysian Endocrine and Metabolic Society (MEMS), USA Endocrine Society, Society for Endocrinology UK and also European Endocrine Society. She was trained in Endocrinology sub speciality for 3 years both locally and abroad including training at The Christie, NHS Foundation Trust, UK and also at Cambridge University, UK. Later, she served as physician and endocrinologist at Hospital Sungai Petani and also Hospital Ampang from 2018-2020.

She was previously an honorary lecturer for the Allianz University College for 2 years and also clinical tutor and examiner for MBBS student for Allianz and Asian Institute of Medical Science and Technology (AIMST) University.

She is currently a physician and Endocrinologist in Hospital Pantai Kuala Lumpur for past 1 year. She had numerous presentations on diabetes mellitus and thyroid disorders.

Registration Link:

<https://forms.office.com/r/JPJr8jBP44>

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