

**OGSM TRAINEE UPDATES :**

# Sexual Health

**DATE** : Saturday, 12<sup>th</sup> March, 2022

The PACT Trainee Updates are planned around the core modules a candidate is expected to master for the exams. These courses are designed to enhance your preparation and identify the gaps in your knowledge. It is best to attend these updates after some preparation and going through the reading list.

## PROGRAMME

0730	Registration
0800	Pre-test
0900	Lecture 1: Sexual Health and the Law
0920	TEA BREAK
0940	Breakout 1 Station 1 – Fraser Competency Station 2 – Post-Partum Family Planning Station 3 – Hormonal and Non-Hormonal Contraception Station 4 – Emergency Contraception
1140	Lecture 2 + Role Play: Female Genital Mutilation
1240	LUNCH
1340	Breakout 2 Station 1 – Breaking Bad News Station 2 - Sexually Transmitted Infections and PID Station 3 – The Abnormal Smear Station 4 – Chronic Pelvic Pain
1540	Lecture 3: Psychosexual Disorders
1600	Pre-test Feedback
1700	Close and Feedback
1720	END

## READING LIST

- Royal College of Obstetricians and Gynaecologists. Female Genital Mutilation and its Management (Green-top Guideline No. 53)
- Royal College of Obstetricians and Gynaecologists. The Initial Management of Chronic Pelvic Pain. Green Top Guideline No. 41. London: RCOG; 2012.
- BASHH. Management of Genital Herpes in Pregnancy. London 2014.
- BASHH UK National Guideline Management of Infection with Chlamydia Trachomatis 2015,
- National Guideline for the Management of Bacterial Vaginosis 2012
- BASHH Clinical Effectiveness Group. UK National Guideline for the Management of Pelvic Inflammatory Disease. BASHH; 2019.
- Royal College of Obstetricians and Gynaecologists. The Care of Women Requesting Induced Abortion. Evidence-based Clinical Guideline 7. London: RCOG Press; 2011.
- Royal College of Obstetricians and Gynaecologists. Chronic Pelvic Pain Relief, Therapies Targeting the Nervous System for Chronic Pain Relief (Scientific Impact Paper No. 46)
- Royal College of Obstetricians and Gynaecologists. Best Practise in Comprehensive Abortion Care. Best Practice Paper No 2. London: RCOG; 2015.
- Faculty of Sexual and Reproductive Health Care. UK Medical Eligibility Criteria for Contraceptive Use. London: FSRH; 2016.
- Faculty of Sexual and Reproductive Health Care. Contraception after Pregnancy. London: FSRH; 2017.
- National Institute for Health and Care Excellence. Long-acting Reversible Contraception (Update). NICE CG30. Manchester: NICE; 2019.
- Cowan F, Frodsham L. Common disorders in psychosexual medicine. The Obstetrician and Gynaecologist 2015;17:47-53.
- BHIVA Management of HIV in pregnancy and postpartum, 2018
- NHS Cervical Scening Programme: Colposcopy and Programme Management (Third Edition – March 2016)
- NHS Cervical screening; programme and colposcopy management 2021. <https://www.gov.uk/health-and-social-care/population-screening-programmes-cervical>

## FURTHER READING

- Dewick L, Jayaprakasan K, Raouf S. Syphilis in pregnancy: identifying and managing a historic problem on the rise. The Obstetrician & Gynaecologist 2020;22:209 – 16
- Cooper M, Cameron S. Postpartum contraception. The Obstetrician and Gynaecologist 2018;20: 159-166
- Munro K, Gharaibeh A, Nagabushanam S, Martin C. Diagnosis and Management of tubo-ovarian abscess. The Obstetrician and Gynaecologist 2018;20: 11-19
- Jakes A, Coad F, Nelson-Piercey C. A review of contraceptive methods for women with cardiac disease. The Obstetrician and Gynaecologist 2018;20: 21-29
- Hussain S, Rhymer J. Tackling female genital mutilation in the UK. The Obstetrician and Gynaecologist 2017;19: 273-278
- Bakour S, Hatti A, Whalen S. Contraceptive methods and issues around the menopause: an evidence update The Obstetrician and Gynaecologist 2017;19: 289-297
- Osman M, Nikolopoulos I, Jayaprakasan K, Raine-Fenning N. Pelvic congestion syndrome. The Obstetrician and Gynaecologist 2013;15:151–7

## REGISTRATION FEE

Normal Rate	:	RM 350.00
OGSM Trainee Register Rate	:	RM 200.00

Not on the Trainee Register yet? Register today with OGSM and enjoy our discounted rate.  
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