



3<sup>rd</sup> INTERNATIONAL

# COSMETOLOGY AND COSMETIC GYNECOLOGY CONGRESS

09-12 **2019**

OCTOBER

CVK PARK BOSPHORUS HOTEL  
ISTANBUL

2<sup>nd</sup> ANNOUNCEMENT

[cosmeticgynecology2019.org](http://cosmeticgynecology2019.org)



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**3rd International Cosmetology and Cosmetic Gynecology Congress**  
09-12 October 2019 • CVK Park Bosphorus Hotel, İstanbul



**INVITATION**

Dear Colleagues,

I am honored to announce "3rd International Congress of Cosmetology and Cosmetic Gynecology" which will be held in İstanbul between 9 - 12 October 2019.

İstanbul is a magical composition of two continents, two Worlds, the East and the West with an invaluable treasury of history. She is also the biggest cultural and financial center of Turkey which is considered to be the bridge that links Asia with Europe from a cultural and geographical standpoint. Aside from being the largest and most popular city of Turkey, İstanbul is a huge metropolitan city hosts outstanding natural beauties both in daylight and under the glittering of night with its minarets soaring in the sky, its gilded domes, palaces, museums, parks & gardens, shopping opportunities and more. I hope you will also enjoy your stay in İstanbul besides the congress.

Our congress is one of the most important congresses in the world that is held outside the USA. Cosmetic gynecology is a new field in our profession and its importance is increasing worldwide. This topic will be discussed at the congress in details. Cosmetic Gynecology and Cosmetic Dermatology in genital area are also accepted and supported by the gynecological association of many countries in the western world including Turkey as well as FIGO. The Congress is organized by YİSAV, a non-profit organization that has organized numerous national and international congresses on Women's Health locally and internationally, and with support of the European Society of Cosmetic and Reconstructive Gynecology (ESCORG) and International Society of Cosmetic Gynecology, (ISCG).

The 1st and 2nd International Cosmetology and Cosmetic Gynecology Congress was also organized by us in 2011 and 2018, in İstanbul. The congress was attended by many local and international colleagues and was very productive for everyone. The content of this congress program and speakers have been meticulously selected, so that our colleagues can learn the relevant techniques. Since many conferences usually do not focus much on techniques, this conference will be a great opportunity to learn techniques from the most important experts of the subject.

Oral and poster presentations selected from the applicants will also take place in the Congress. In the light of these thoughts are we hope to see you in the 3rd International Cosmetology and Cosmetic Gynecology Congress which will be held between 9-12 October, 2019 in İstanbul and we look forward to your valuable contributions and participation.

Best regards,

**Prof. Ferit Saraçoğlu, MD**  
**YİSAV and Congress President**



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**COMMITTEES**

**CONGRESS PRESIDENT**

Ferit Saraçoğlu, Turkey

**CONGRESS SECRETARY**

Amr Seifeldin, Egypt

**SCIENTIFIC COMMITTEE**

Adrian Gaspar, Argentina

Ayman El Attar, The USA

Dawid Serafin, Poland

Dudley Robinson, The UK

Firas Hamdan, Lebanon

Gul Ahmed Zikria, The USA

Gül Yıldırım, Turkey

Jorge Gaviria, Spain

Linda Cardozo, The UK

Marta Bizic, Serbia

Matt Stefanelli, France

Maryory Gomez Cardenas, Venezuela

Mickey Karram, The USA

Nezih Durmazlar, Turkey

Ömür Tekeli, Turkey

Rafal Kuzlik, Poland

Rashad Haddad, Dubai

Red Alinsod, The USA

Patricija Kasilovska, Lithuania

Sadiye Kuş, Turkey

Sherif Wakil, The UK

Stefano Salvatore, Italy

Stergios Doumouchtsis, The UK

Şerafettin Saraçoğlu, Turkey

Şükran Sangül Güdük, Turkey

Zaneta Kasilovskiene, Lithuania



## CONGRESS TOPICS

- » Abdominoplasty
- » Atrophic Vaginitis
- » Transgender Surgery
- » Blepharoplasty
- » Breast Beautification after Childbirth
- » Eryag / NdYAG / CO2 / Diode Laser Treatments
- » G-Shot, O-shot
- » Noninvasive Treatments in Genital Prolapse
- » Use of Botulinum Toxin in the Genital Area
- » Fat Grafting for Labia Majora
- » Use of Platelet Rich Plasma in Gynecology
- » Reconstruction After Genital Mutilation
- » Clitoral Hood Reduction
- » Clitoral Volume Reduction
- » Cosmetic Genital Surgery
- » Psychology and Sexual Life after Cosmetics Genital Surgery
- » Cosmetic Gynecology
- » Complications in Cosmetic Gynecology
- » Cosmetic Gynecology Training
- » Patient Selection for Cosmetic Gynecology
- » Ethics in Cosmetic Gynecology
- » Labia Majora Plasty
- » Labia Minora Plasty
- » Laser Surgery
- » Lichen Like Pathologies
- » Liposuction
- » Melasma and Treatment
- » Breast Enlargement
- » Breast Reduction
- » Menopause and Skin Aging
- » Mummy Makeover
- » Perineoplasty
- » Cellulite and Treatment
- » Noninvasive Treatments of Stress Incontinence
- » Stria Gravidarum Treatment
- » Total Body Shaping
- » Vaginal Agenesis Treatment
- » Vaginal Rejuvenation
- » Vaginoplasty
- » Bleaching the Color Imperfections of Labia and Vulva
- » Use of Radio Frequency in Rejuvenation of Vulva and Vagina
- » Filling, Botox, Thread Treatment on the Aged Face



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**SCIENTIFIC PROGRAM**  
10 OCTOBER 2019, THURSDAY

**OPENING**

**OPENING CEREMONY**

08:45-09:00

Opening Speeches  
**Prof. Ferit Saraçoğlu**, YİSAV, Turkey

**SESSION 1**

**COSMETIC GYNECOLOGY**

Chairs

**Dr. Amr Seifeldin**, Egypt, **Dr. Red Alinsod**, USA

09:00 - 09:20

Vaginismus Treatment with Botulinum Toxin

**Dr. Amr Seifeldin**, Urogynecologist & Cosmetic Gynaecologist, Egypt

09:20 - 09:40

Surgical Anatomy for the Cosmetic Gynecology

**Prof. Mickey Karram**, University of Cincinnati, Ohio, USA

09:40 - 10:00

Childbirth Trauma

**Prof. Stergios Doumouchtsis**, St George's University Hospitals, UK

10:00 - 10:20

Training and Ethics for Cosmetic Surgery

**Prof. Stefano Salvatore**, Vita-Salute San Raffaele University, Italy

10:20 - 10:30

Discussion

10:30 - 11:00

Coffee Break

**SESSION 2**

**LABIA MINORAPLASTY**

Chairs

**Prof. Adrian Gaspar**, Argentina, **Dr. Rafal Kuzlik**, Poland

11:00 - 11:20

Labiaplasty Techniques

**Prof. Ferit Saraçoğlu**, YİSAV, Turkey

11:20 - 11:40

Complications and Revision Labiaplasties

**Dr. Red Alinsod**, South Coast Urogynecology, USA

11:40 - 12:00

Labiaplasty in Adolescents; When? Why? and How?

**Dr. Maryory Gomez Cardenas**, Dr. Rafael Guerra Méndez Clinic, Venezuela

12:00 - 12:20

Female Genital Mutilation Reconstruction

**Dr. Amr Seifeldin**, Urogynecologist & Cosmetic Gynaecologist, Egypt

12:20 - 12:30

Discussion

12:30 - 13:40

Lunch



SCIENTIFIC PROGRAM  
10 OCTOBER 2019, THURSDAY

SESSION 3

LABIA MAJORAPLASTY

Chairs 13:40 - 14:00	<b>Dr. Maryory Gomez Cardenas</b> , Venezuela, <b>Dr. Dawid Serafin</b> , Poland Labia Majora Reduction Surgery
14:00 - 14:20	<b>Dr. Red Alinsod</b> , South Coast Urogynecology, USA Autologues Fat Transfer to Labia Majora
14:20- 14:40	<b>Dr. Rafal Kuzlik</b> , SaskaMed Clinic, Poland Dermal Fillers in Labia Majora Augmentation
14:40 -15:00	<b>Dr. Ayman El Attar</b> , President of American Aesthetic Association, USA Vulvar Rejuvenation with Threads and Nanofat
15:00 - 15:20	<b>Prof. Adrian Gaspar</b> , Mendoza University, Argentina Comparison of hyaluronic acid injection and local estrogen treatment for vulvovaginal atrophy in postmenopausal women
15:20 - 15:30	<b>Dr. Zaneta Kasilovskiene</b> , Medical center Maxmeda
15:30 - 16:00	<b>Dr. Patricija Kasilovska</b> , Vilnius, Lithuania" Discussion Coffee Break

SESSION 4

PELVIC PROLAPSUS AND STRESS URINARY INCONTINANCE

Chairs 16:00 - 16:20	<b>Prof. Stefano Salvatore</b> , Italy, <b>Prof. Ferit Saracoglu</b> , Turkey ErYAG Laser Treatment for Vaginal Tightening and SUI
16:20 - 16:40	<b>Prof. Adrian Gaspar</b> , Mendoza University, Argentina CO2 Laser Treatment for Vaginal Tightening and SUI
16:40 - 17:00	<b>Prof. Stefano Salvatore</b> , Vita-Salute San Raffaele University, Italy RF Treatment for Vaginal Tightening and SUI
17:00 - 17:20	<b>Dr. Red Alinsod</b> , South Coast Urogynecology, USA HiFU Ultrasound Treatment for Vaginal Tightening and SUI
17:20 - 17:40	<b>Prof. Ferit Saraçoğlu</b> , YISAV, Turkey Recent Trends in SUI Treatment
17:40 - 17:50	<b>Prof. Dudley Robinson</b> , King's College Hospital, UK Discussion

SESSION 5

COSMODERMATOLOGY

Chairs 17:50 - 18:10	<b>Dr. Nezhir Durmazlar</b> , Turkey, <b>Dr. Gul Ahmed Zikria</b> , ABD Prevention and the Current Treatment of Melasma
18:10 - 18:30	<b>Dr. Gül Yıldırım</b> , Cosmetic Dermatologist, Turkey Prevention and Current Treatment of Stretch Marks
18:30 - 18:50	<b>Dr. Sadiye Kuş</b> , Cosmetic Dermatologist, Turkey Vulvar Itching and the Current Treatments
18:50 - 19:10	<b>Dr. Şükran Sarıgül Güdük</b> , Gedik University, Turkey Prevention and the Current Treatment of Cellulitis
19:10 - 19:20	<b>Dr. Ömür Tekeli</b> , Cosmetic Dermatologist, Turkey Discussion



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**SCIENTIFIC PROGRAM**  
11 OCTOBER 2019, FRIDAY

**SESSION 6**

**NONSURGICAL GENITAL ENHANCEMENT**

Chairs	<b>Dr. Ayman El Attar, USA, Prof. Stergios Doumouchtsis, UK</b>
09:00 - 09:20	Surgical Techniques for Vaginoplasty <b>Prof. Dudley Robinson, King's College Hospital, UK</b>
09:20 - 09:40	Magnetic Resonance Chair for the treatment of SUI <b>Dr. Red Alinsod, South Coast Urogynecology, USA</b>
09:40 - 10:00	Platelet Rich Plasma as a Minimally Invasive Approach for the treatment of Uterine Prolapse and SUI <b>Prof. Stergios Doumouchtsis, St George's University Hospitals, UK</b>
10:00 - 10:20	New trends in cosmetic gynecology <b>Dr. Jorge Gaviria, Institute of Photomedicine, Spain</b>
10:20 - 10:30	Discussion
10:30 - 11:00	Coffee Break

**SESSION 7**

**NEOVAGINA**

Chairs	<b>Dr. Ahmed Al-Badr, Saudi Arabia, Dr. Amr Seifeldin, Egypt</b>
11:00 - 11:20	Transgender Surgery <b>Dr. Marta Bizic, Tirsova University Children's Hospital, Serbia</b>
11:20 - 11:40	Vaginal Reconstruction : Is there a role of vaginal mesh? <b>Prof. Dudley Robinson, King's College Hospital, UK</b>
11:40 - 12:00	Sigmoid Colon Vaginoplasty <b>Dr. Marta Bizic, Tirsova University Children's Hospital, Serbia</b>
12:00 - 12:20	Vaginoplasty Using Amniotic Membrane Graft <b>Dr. Amr Seifeldin, Urogynecologist &amp; Cosmetic Gynaecologist, Egypt</b>
12:20 - 12:30	Discussion
12:30 - 14:00	Lunch Break





SCIENTIFIC PROGRAM  
11 OCTOBER 2019, FRIDAY

SESSION 8

BREAST & VULVA

Chairs	<b>Dr. Rashad Haddad</b> , Dubai, <b>Dr. Marta Bizic</b> , Serbia
14:00 - 14:20	Breast Enhancement and Reduction Surgery <b>Dr. Firas Hamdan</b> , CSC Clinic, Lebanon
14:20 - 14:40	Vampire Breast Lift <b>Dr. Sherif Wakil</b> , DrSW Clinics and Royale Skin Clinics, UK
14:40 - 15:00	Breast Enhancement by Autologous Fat Transfer <b>Dr. Firas Hamdan</b> , CSC Clinic, Lebanon
15:00 - 15:20	Aesthetic reconstruction of vulva <b>Dr. Matt Stefanelli</b> , Plastic & Reconstructive Surgery, InvivoX, France
15:20 - 15:30	Discussion
15:30 - 16:00	Coffee Break

SESSION 9

ABDOMINOPLASTY AND LIPOSUCTION

Chairs	<b>Dr. Ayman El Attar</b> , USA, <b>Dr. Gul Ahmed Zikria</b> , USA
16:00 - 16:40	Current Liposuction Techniques, Complications and The New Trends <b>Dr. Ayman El Attar</b> , President of American Aesthetic Association, USA
16:40 - 17:00	Abdominoplasty <b>Dr. Gul Ahmed Zikria</b> , Ob & Gyn, USA
17:00 - 17:20	Mamy Makeover <b>Dr. Firas Hamdan</b> , CSC Clinic, Lebanon
17:20 - 17:30	Discussion

SESSION 10

ORAL PRESENTATIONS

17:30 - 18:00

SESSION 11

MONS PUBIS AND CLITORIS

Chairs	<b>Dr. Matt Stefanelli</b> , France, <b>Dr. Sherif Wakil</b> , UK
18:00 - 18:20	Clitoral Hood Reduction <b>Dr. Rashad Haddad</b> , Obstetrics Aesthetic Gynecology, Dubai
18:20 - 18:40	Clitoral Reduction Surgery <b>Prof. Ferit Saraçoğlu</b> , YİSAV, Turkey
18:40 - 19:00	Labiaplasty & Clitoral Hood Reduction Recent Review <b>Dr. Dawid Serafin</b> , Serafin Clinic, Poland
19:00 - 19:20	Clitoral Hood Reduction Bilateral Technique <b>Dr. Rafal Kuzlik</b> , SaskaMed Clinic, Poland
19:20 - 19:30	Discussion



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**SCIENTIFIC PROGRAM**  
12 OCTOBER 2019, SATURDAY

**SESSION 12**

**COSMETIC SURGERY**

Chairs	<b>Dr. Jorge Gaviria</b> , Spain, <b>Prof. Mickey Karram</b> , USA
09:00 - 09:20	ErYAG Laser Treatment of Genito-urinary Syndrome of Menopause <b>Dr. Jorge Gaviria</b> , Institute of Photomedicine, Spain
09:20 - 09:40	Microablative Fractional CO2 Laser for the Genitourinary Syndrome of Menopause <b>Prof. Stefano Salvatore</b> , Vita-Salute San Raffaele University, Italy
09:40 - 10:00	Genitourinary syndrome of the menopause <b>Prof. Dr. Linda Cardoso</b> , King's College Hospital, UK
10:00 - 10:20	Genital Bleaching <b>Dr. Ayman El Attar</b> , President of American Aesthetic Association, USA
10:20 - 10:30	Discussion
10:30 - 11:00	Coffee Break

**SESSION 13**

**FEMALE SEXUAL HEALTH AND LAZERS IN PELVIC FLOOR DYSFUNCTION**

Chairs	<b>Prof. Linda Cardoso</b> , UK, <b>Prof. Dudley Robinson</b> , UK
11:00 - 11:20	PRP in Male & Female Sexual Enhancement <b>Dr. Sherif Wakil</b> , DrSW Clinics and Royale Skin Clinics, UK
11:20 - 11:40	Role of G Spot Injections in Sexual Enhancement <b>Dr. Rashad Haddad</b> , Obstetrics Aesthetic Gynecology, Dubai
11:40 - 12:00	Laser in pelvic floor dysfunctions: Is there evidence? <b>Prof. Mickey Karram</b> , University of Cincinnati, USA
12:00 - 12:20	A Systematic Review on Vaginal Laser Therapy for Treating Stress Urinary Incontinence: Do We Have Enough Evidence? <b>Prof. Stergios Doumouchtsis</b> , St George's University Hospitals, UK
12:20 - 12:30	Discussion
12:30 - 14:00	Lunch Break



SCIENTIFIC PROGRAM  
12 OCTOBER 2019, SATURDAY

SESSION 14 VAGINOPLASTY

Chairs	<b>Prof. Mickey Karram, USA, Dr. Firas Hamdan, Lebanon</b>
14:00 - 14:20	Scientific views on vaginal laxity syndrome <b>Dr. Ahmet Al-Badr</b> , King Fahad Medical City , Saudi Arabia
14:20 - 14:40	Fat grafting and PRP and Fillers Vulvovaginal Area <b>Dr. Matt Stefanelli</b> , Plastic & Reconstructive Surgery, Invivox, France
14:40 - 15:00	Combined Labiaplasty and Vaginoplasty <b>Dr. Dawid Serafin</b> , Serafin Clinic, Poland
15:00 - 15:20	In office awake No -IV vaginoplasty: 15 years pushing the envelope <b>Dr. Red Alinsod</b> , South Coast Urogynecology, USA
15:20 - 15:40	Vaginal Laser Treatment, What We Don't Know <b>Dr. Ahmed Al-Badr</b> , King Fahad Medical City, Saudi Arabia
15:40 - 15:50	Discussion
15:50 - 16:00	Coffee Break

SESSION 15 FACE & NECK COSMETICS

Chairs	<b>Dr. Jorge Gaviria</b> , Spain, <b>Dr. Rashad Haddad</b> , Dubai
16:00 - 16:20	PRP Vampire Face Lift <b>Dr. Sherif Wakil</b> , DrSW Clinics and Royale Skin Clinics, UK
16:20 - 16:40	Botulinum Toxin Injection for Face & Neck <b>Dr. Ayman El Attar</b> , President of American Aesthetic Association, USA
16:40 - 17:00	Dermal Fillers Injection to Face & Lips <b>Prof. Ferit Saraçoğlu</b> , YISAV, Turkey
17:00 - 17:20	Psychosexual outcome after labiaplasty <b>Prof. Linda Cardozo</b> , King's College Hospital, UK
17:20 - 17:30	Discussion

SESSION 16 ORAL PRESENTATIONS

17:30 -18:00

SESSION 17 OTHER

Chairs	<b>Dr. Red Alinsod</b> , USA, <b>Prof. Stefano Salvatore</b> , Italy
17:30 - 17:50	Complication of dermal filler <b>Dr. Gul Ahmed Zikria</b> , Ob & Gyn, USA
17:50 - 18:10	Perineoplasties <b>Prof. Linda Cardozo</b> , King's College Hospital, UK
18:10 - 18:30	Guidelines for the standartization of Genital Photography <b>Dr. Nezih Durmazlar</b> , Cosmetic Gynecology, Ankara, Turkey
18:30 - 18:50	Scar Prevention and Treatments <b>Dr. Şerafettin Saraçoğlu</b> , Cosmetic Dermatologist, Turkey
18:50 - 19:00	Discussion
19:00 - 19:10	Closing Ceremony



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### FEES INFORMATIONS

Registration Type	Before 10 June 2019	After 10 June 2019
Physician	650 €	710 €
Asistant, Nurse, Student	480 €	540 €
Company Representative	650 €	710 €

#### Congress Registration Fee Includes;

Participation to scientific sessions and Congress Materials, Lunches and Coffee Break 2 times a day. 18% VAT is included above fees. Congress fees must be transferred into account number written below and bank receipt related to congress payment must be sent to organization secreteriat via fax or e-mail.

Hotels	Before 10 June 2019		After 10 June 2019	
	Single Room	Double Room per person	Single Room	Double Room per person
CVK Park Bosphorus Hotel	860 €	660 €	980 €	780 €
Avantgarde Hotel Taksim Square	760 €	540 €	880 €	660 €

#### Accommodation Fee Includes;

Package pricing includes 4 nights bed&breakfast accommodation between 9 October – 13 October 2019. 8% VAT is included above fees. Accommodation fees must be transferred into account number written below and bank receipt related to accommodation payment must be sent to organization secreteriat via fax or e-mail.

Transfer Fees	
Double Way Public Transfer (Airport - Hotel / Hotel - Airport)	100 €

18% VAT is included above fees. Participants should contact with FTS Congress for the private transfer requests. Extra pricing will be charged.



## FEES INFORMATIONS

### Cancellation / Refund Policy

All cancellations and modifications must be sent to Congress Office in written.

- Before 10 June 2019 paid fees will be provided except 10% bank cut.
- No refund will be provided after 10 June 2019.
- Only name changes will be accepted after 10 June 2019.

All refunds will be held after the congress.

Bank Details	
Bank	Yapı Kredi Bankası
Branch and Code	Yıldızevler Branch / 1304
Account Name	FTS Turizm Kongre
Account No (Euro)	90 4525 88
IBAN No (Euro)	TR76 0006 7010 0000 0090 4525 88
SWIFT Code	YAPITRIS
Explanation	COSMETIC GYNECOLOGY CONGRESS 2019



## 3<sup>rd</sup> International Cosmetology and Cosmetic Gynecology Congress 09-12 October 2019 • CVK Park Bosphorus Hotel, İstanbul

### GENERAL INFORMATIONS

#### Congress Date and Venue

3<sup>rd</sup> International Congress on Cosmetology and Cosmetic Gynecology will be held between 9-12 October 2019 at CVK Park Bosphorus Hotel in İstanbul, Turkey.

#### Congress Language

Congress official language is Turkish and English. During the congress simultaneous will be provided.

#### Invitation Letter

Invitation letter will be sent to all participants if demanded. This invitation letter aim to only help the participants to obtain permission from their respective institutions for the congress.

#### Name Badges

Name badges will be given to all registered participants and companies. It is kindly requested to wear name badges during security, restaurant and meeting hall entrances.

#### Certificate of Participation

Certificate of Participation will be given to all participants

#### Stand and Exhibition Areas

During the Congress, the pharmaceutical industry, related device companies and book stands can find large area to present their productions. In order to visit exhibition area, you must be participant of the Congress.

#### Payment

Payments will be made in Euro and Bank transfer or by credit card.

Participants who will make their payments in TRY are required to pay effective sales exchange rate of the Turkish Central Bank on the day of payment.

#### Cancellation Policy

The detailed information about cancellation policy is expressed in accommodation-registration page.



## SUBMIT AN ABSTRACT

### WHEN PREPARING THE ABSTRACTS, THE FOLLOWING RULES SHOULD BE REGARDED

Abstracts must be sent by e-mail in English to [cosmeticgynecology2019@ftskongre.org](mailto:cosmeticgynecology2019@ftskongre.org) address. Please note that all abstracts will be published as they sent, so authors are advised to check their abstracts before submitted. Authors should indicate that their presentation type as oral or poster on their e-mail.

**Abstract Submission Deadline: 3 September 2019**

**Notification of Acceptance / Defusal: 5 September 2019**

### SPELLING RULES

- » Do not use any academic titles in the abstracts.
- » Abstracts must be written by using the headlines of the objectives, methods, results, conclusions and key words.
- » The entire abstract, title, name, author's name, last name should not exceed 300 words.
- » Names of the authors should be written in lowercase letters with no abbreviation. Only the initial letters must be capitalized.
- » Authors' institution's address should be written clearly.
- » Only the initial letter of the abstract title should be capitalized except for the acronyms. (e.g. Xxxxx xxxx xxxxxx xxxxx xxx XXX xxxx xxxx)
- » If the abstract has acronyms, they should be written openly in the brackets.



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**Scientific Secretariat**

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**Organization Secretariat**

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