

मनशक्ती

Manashakti Research Centre, India &
Association for Pre & Perinatal Psychology & Health, USA
are jointly organizing

First International Conference on Prenatal Development in India
Because nurturing a child starts at the moment of conception...



THEME

**ANCIENT WISDOM AND MODERN SCIENCE
OF PRENATAL DEVELOPMENT**

BUILDING A NEW HEALTHY WORLD FROM THE WOMB

Fri. 18th to Sun. 20th Jan. 2019

VENUE : Manashakti Research Centre, Lonavla, Maharashtra, INDIA

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Manashakti Research Centre

Manashakti Research Centre is a non-profit NGO located in the sylvan surroundings of Lonavla, INDIA. The centre conducts research right from the pre-conception and prenatal state up to life-after-death stages. For the past five decades, the centre has been relentlessly working towards helping people succeed without stress and achieve peace of mind through scientific means and social welfare activities. In all these years, a large number of people have found solace through electronic, computerized MIND tests, residential study courses, workshops, seminars, books, magazines and experimental aids. More information on www.manashakti.org



APPPAH

APPPAH (Association for Pre and Perinatal Psychology and Health), California, USA, is a public-benefit educational and scientific organization offering information, inspiration and support to medical professionals, expecting parents and all persons interested in expanding horizons of birth psychology. The objectives of the association are to further understand the psychology of pregnancy and birth and the ways in which pregnant mothers influence the unborn. It also wants to study the effects of medical intervention on mothers and babies. APPPAH would also like to explore remedial techniques to counteract prenatal and perinatal traumas and enhance the mental and physical health of mothers and fathers and their babies. It is also aimed at publishing and distribute information in this regard and organising educational meetings for the purpose of exploring the above issues. Ultimately, APPPAH would like to point out, "Womb ecology becomes world ecology." More information on www.birthpsychology.com

Conference Objectives

Swami Vijnananand (Founder, Manashakti) conceptualized and pioneered the idea of rational Garbha Sanskar (prenatal education and stimulation) in India, as early as 1960s. Since then, Manashakti has been actively engaged in the prenatal research, service and training programs for pregnant couples. Till date, millions of people have taken advantage of this noble mission. The idea is to nurture the future citizens from pre-conception, to develop a value based society.

On this background, Manashakti is organizing the 1st International Conference on Garbha Sanskar in Asia as well as in India too, in association with APPPAH (Association for Pre & Perinatal Psychology & Health), USA.

The OBJECTIVES of the conference are as follows:

1. To establish the scientific basis of Garbha Sanskar (Prenatal Development).
2. To explore, understand and co-relate ancient wisdom about Garbha Sanskar with the latest research, evidences and practices in the field of prenatal psychology and birthing process.
3. To create awareness and need about Garbha Sanskar among the practitioners of modern medicine - especially Gynecologists and Obstetricians - and other pathies also.
4. Welfare of the individual, family, society, nation and humanity.

In short, the conference aims to synthesize the Ancient Wisdom about 'Garbha Sanskar' or 'Prenatal Development' with latest research in Pre and Perinatal Psychology of Birthing process, to evolve a new Healthy Generation imbibed with Good Values for the betterment of the society and humanity.

Who can participate?

Obstetricians, Gynecologists, Psychologists, Psychiatrists, Geneticists, Pediatricians, Neuro-Scientists, Students, Midwives, Nurses, Doulas, Pregnant couples, Institutes / Universities / Research Centers and anyone interested in the Birthing Process.



Speakers & Topics



Dr. Thomas Verny, Canada
MD, DPsych., DHL, FRCPC, FAPA
The Scientific Basis of Pre & Perinatal Psychology



Dr. Vijay Bhatkar, India
Ph.D. (IIT, Delhi), D.Sc., D.Litt.
Inaugural Address



Dr. H. R. Nagendra, India
M.E., Ph.D. (Mech. Engg.),
Chancellor, S-VYASA University
Inaugural Address



Geshe Dorji Damdul, India
Director, Tibet House (New Delhi)
Positive Psychology for the Development of a Child across all Phases of Life- Buddhist Perspective



Dr. Snehalata Deshmukh, India
MS, FRCS, Former Vice-Chancellor,
Mumbai University
My Journey : From Pediatric Surgery to Samskaras



Avinash Dharmadhikari, India
IAS
Knowledge of Self



Gajanan Kelkar, India
M.Tech., Trustee (Manashakti Trusts),
Life Cycle : Theoretical Concept of Conception & Death



Dr. Dennis Hertenstein, USA
President, APPPAH
Introduction to APPPAH



Dr. Prakash Gambhir, India
M.D. (Geneticist and Pediatrician)
Role of Genetics & Epigenetics in Prenatal Development



Dr. Mahesh Karandikar, India
M.S., M.Ch.
Fetal Communication: Ancient Wisdom and Modern Neurosciences



Charan Surdhar, UK
Epigeneticist
Epigenetics from Conception to Life - Merging of Science and Spirit



Sandra Bardsley, USA
Past President, APPPAH
Creating a Joyful Birth Experience



Dr. P. C. Mahapatra, India
Senior OBS. & GYN.
Past President, FOGSI



Dr. Jaideep Malhotra, India
President, FOGSI
MD (OBS. & GYN.), FICMCH, FIAJAGO,
FICOG, MASRM, FICMU, FRCOG
Adbhut Matritwa (Phenomenal Motherhood)



Dr. Rajiv Banhatti, UK
MD (Psych), FRCPsych (UK), Consultant Child and Adolescent Psychiatrist
Does Health Begin from Pre-conception?



Vaidya Hitesh Jani, India
BSAM (Ayurveda), MCH
Genetics & Genetic Engineering in Ayurveda w.s.r. to Garbha-Sanskar

Speakers & Topics



Dr. Vinaya Kshirsagar, India
Ph.D., Sanskrit (Atharva Veda)
Vedic Texts and Ideal Progeny



Dr. Satwant Pasricha, India
Ph.D., Clinical Psychology (NIMHANS), Clinical
Para-psychology (University of Virginia, USA)
**Reincarnation Research: Current
Status and Possibilities**



Dr. Latha Venkataram, India
FRCOG (UK), MRCP (Dublin)
**Developmental Origins of
Health and Diseases (DOHAD)**



Prof. Narendra Malhotra, India
MD, FICOG, FICMCH, FRCOG, FICS, FMAS, AFIAP
**Prenatal Screening during
Pregnancy for Maternal and
Fetal Problems**



Dr. Nitika Sobti, India
MBBS, DGO
**Role of Birth Psychology in
present-day Obstetric practice**



Dr. Prabha Chandra, India
MD, NIMHANS (Bangalore)
FRCPsych (UK) ; FAMS (India)
**Maternal Mental Health and
Pregnancy Outcomes**



Carla Machado, Brazil
President, ANEP Brazil
**Spreading Prenatal Education
in Brazil, a Daily Task**



Laura Uplinger, Brazil
Vice-President, ANEP Brazil
**Spreading Prenatal Education
in Brazil, a Daily Task**



Dr. Ulrika Natu, India
MD (Gynec), D.Y.Ed, Adv.Diploma in Yoga
**Importance of Yoga
in Pregnancy**



Dr. Vaishali Dabke, India
Ph.D. (Sanskrit)
**Parallels between
Garbhpanishad and
Modern Science**



Anna Verwaal, Netherlands
RN, CLE
**From Womb To World, the
Journey that Shapes our Life**



Giselle Whitwell, USA
Music Educator and Therapist
Pre-Natal Music



Shivakumar Belavadi, India
Trustee, ShivaNetra Trust
**Abhimanyu Effect- Prenatal
Origins of Life Challenges**



Vaidya Bagewadikar, India
BSAM (Ayurveda)
**Ill-effects of Medication on
Pregnancy Outcomes**



Kate White, USA
MA, BCBMT, RCST*, CEIM, SEP
**Science of Trauma Recognition
and Recovery during the
Pre and Perinatal Period**



Nina Ketscher, USA
MA, PPNE, CEIM
**Healing the Womb Chakra -
Birthing Strong Children
for a Healthy Future**

Conference Registration

CONFERENCE FEES

INDIAN DELEGATES

Type	Up to	Registration fees (Rs.)	Fees contribution for conference (Rs.) Inclusive of Food & Accommodation	Total (Rs.)	Select (TICK)
Early Bird	31 Oct. 18	1500/-	6000/-	7500/-	<input type="checkbox"/>
Regular	1 Nov. 18 to 31 Dec. 18	1500/-	7500/-	9000/-	<input type="checkbox"/>

FOREIGN DELEGATES

Type	Up to	Registration fees, conference Kit & Food (Mandatory) (USD)	Fees contribution Inclusive of Accommodation (USD)	Pickup & drop (Mumbai Airport to Venue & back) (USD)	Total (USD)	Select (TICK)
Early Bird	31 Oct. 18	300	100	125	525	<input type="checkbox"/>
Regular	1 Nov. 18 to 31 Dec. 18	300	150	150	600	<input type="checkbox"/>

SPECIAL INSTRUCTIONS

Foreign delegates should provide-

- Copy of passport.
- Copy of Visa.
- Declaration stating purpose of visit, Dates of stay etc.

IMPORTANT NOTE

- Registration and reporting for the conference will be on Thursday 17 January 2019 between 4pm and 7pm.

- The conference will commence on Friday, 18 January 2019 at 9am. Therefore all the participants are kindly requested to complete the registration formalities and report by Thursday, 17 January 2019 evening and should be present in the conference premises.
- The conference will conclude on Sunday 20 January 2019, post-lunch around 4.30pm.
- Parking will be available in the premises.

GENERAL INSTRUCTIONS

- In the best interest of all, it will be most beneficial to attend all the sessions in the conference.
- Lonavla is a hill station. It is cold in January. Do bring warm clothes as per need.
- Please see that the attire is in sync with the Ashram type environment at Manashakti.
- Non-veg food, smoking, drinking etc. any kind of addiction is strictly prohibited in Manashakti Campus.
- Golden ornaments, invaluable items can be carried at one's own responsibility.
- Any kind of audio-visual recording is to be avoided.
- The authority to initiate any kind of change related to registration or otherwise - in the interest of all - solely rests with the Manashakti administration.

ACCOMMODATION

Accommodation at Manashakti Campus includes-

- Non-AC room
- With attached toilet-bath (western style commode)
- Twin sharing basis. i.e. two persons will share a room
- Manashakti campus being a Research Institute and Ashram, room service will not be available. However, assistance will be provided as and when needed.

HOTELS

- If anybody wants to stay in nearby star rated hotels, the List of Hotels with tariff will be provided.

FOOD

- Simple, vegetarian, Indian, Satvika food

(which purifies mind and strengthens body) will be served.

- Food will be non-spicy, less oily type.
- We shall also try to serve some continental vegetarian dishes.

PAYMENT DETAILS

(A) REGISTRATION URL

- <https://conference.manashakti.org/online-registration.php>

(B) CORE BANKING

- Bank Account Name: New Way Udyogshakti Charitable Trust
 - Bank Name : HDFC
 - Branch : Lonavla
 - Account No. : 04741110000011
 - IFSC code : HDFC 0000474
 - MICR code : 410240001
 - SWIFT code : HDFCINBB (all letters)
- (IMP Note : Kindly attach Bank Receipt for validation, along with the Registration Form.)

CANCELLATION / REFUND POLICY

The following rules apply for cancellations / refunds:

- 50% refund - if cancellation is done before/on 31 October 2018.
- 25% refund - if cancellation is done before/on 31 December 2018.
- No refund - if cancellation is done on/ after 1 January 2019.

How to Apply for Refund?

In case you wish to cancel your registration and apply for a refund, drop in an email to conference@manashakti.org mentioning the Order ID, Names of Participants and reason of your cancellation.

Conference Advisory Committee

- **Gajanan Kelkar** M.Tech, Managing Trustee, Manashakti
- **Pramod Shinde** MA, Executive Trustee, Manashakti
- **Dr. P. C. Mahapatra** Senior Ob/Gyn, Ex VP FOGSI
- **Dr. Snehalata Deshmukh** MS, FRCS, Ex Vice Chancellor, Mumbai University
- **Vijay Kuvalekar** Chief Editor, Zee News
- **Subodh Tiwari** Director, Kaivalyadhama
- **Shivakumar Belavadi** Trustee, Shivanetra Trust
- **Dr. Prakash Gambhir** MD, Geneticist & Pediatrician
- **Dr. Ulka Natu** MD, Gynec, Yoga Expert
- **Dr. Nitika Sobti** MBBS, DGO
- **Dr. Aruna Narvekar** MBBS, DGO
- **Mangesh Mulmule** M.Tech, IT Entrepreneur



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Mobile : +91 9822404702 / +91 9763986661

REGISTRATION URL : <https://conference.manashakti.org/online-registration.php>

Website : <https://conference.manashakti.org>