

OGSM TRAINEE UPDATE :

Sexual Health

DATE : 23rd February, 2019

VENUE : Lam Wah Ee Hospital
Resource Centre, 7th Floor,
141, Jalan Tan Sri Teh Ewe Lim, Jelutong,
11600 George Town, Pulau Pinang

This update is a revamped version of the OGSM Masterclass. This course is designed to help you rewire your brain and start thinking like a specialist. We aim to help you to work smart, organise your thoughts and prepare for any scenario the exam may present to you.

PROGRAMME

0730	Registration
0800	Pre-test
0900	Lecture 1: Sexual Health and the Law
0920	Tea Break
0940	Breakout 1 (30 mins each) Station 1 – Fraser Competency Station 2 – Post-Partum Family Planning Station 3 – Hormonal and Non-Hormonal Contraception Station 4 – Emergency Contraception
1140	Lecture 2 + Role Play: Female Genital Mutilation
1240	Lunch
1410	Breakout 2 (30 mins each) Station 1 – Breaking Bad News Station 2 – Sexually Transmitted Infections and PID Station 3 – The Abnormal Smear Station 4 – Chronic Pelvic Pain
1540	Lecture 3: Psychosexual Disorders
1600	Pre-test Feedback
1700	Close and Feedback
1720	END

COURSE COORDINATOR

Lee Lin Ing

FACULTY

Farah Azura Ab Rahman

Gibran Hashim

Loh Huey Wen

Seema Sehgal

Siti Rohayu Kamarul Baharain

Yegappan Shanmugam

READING LIST

Royal College of Obstetricians and Gynaecologists. Female Genital Mutilation and its Management. (Green-top Guideline No. 53)

Royal College of Obstetricians and Gynaecologists. The Initial Management of Chronic Pelvic Pain. Green Top Guideline No. 41. London: RCOG; 2012.

British HIV Association Guidelines for the Management of HIV in Pregnancy and Postpartum 2018.

Royal College of Obstetricians and Gynaecologists; BASHH. Management of Genital Herpes in Pregnancy. London: RCOG; 2014.

Royal College of Obstetricians and Gynaecologists. The Care of Women Requesting Induced Abortion. Evidence-based Clinical Guideline 7. London: RCOG Press; 2011.

Royal College of Obstetricians and Gynaecologists. Chronic Pelvic Pain Relief, Therapies Targeting the Nervous System for (Scientific Impact Paper No. 46)

Royal College of Obstetricians and Gynaecologists. Best Practise in Comprehensive Abortion Care. Best Practice Paper No 2. London: RCOG; 2015.

National Institute for Health and Care Excellence. Long-acting Reversible Contraception (Update). NICE CG30. Manchester: NICE; 2014.

Faculty of Sexual and Reproductive Health Care. Clinical Guidance.

Faculty of Sexual and Reproductive Health Care. UK Medical Eligibility Criteria for Contraceptive Use. London: FSRH; 2016.

Faculty of Sexual and Reproductive Health Care. Contraception after Pregnancy. London: FSRH; 2017.

BASHH Clinical Effectiveness Group. UK National Guideline for the Management of Pelvic Inflammatory Disease. BASHH; 2011.

Cowan F, Frodsham L. Common disorders in psychosexual medicine. The Obstetrician and Gynaecologist 2015;17:47-53.

NHS Cervical Sceneing Programme: Colposcopy and Programme Management (Third Edition – March 2016)

Cooper M, Cameron S. Postpartum contraception. The Obstetrician and Gynaecologist 2018;20: 159-166

Munro K, Gharaibeh A, Nagabushanam S, Martin C. Diagnosis and Management of tubo-ovarian abscess. The Obstetrician and Gynaecologist 2018;20: 11-19

Jakes A, Coad F, Nelson-Piercey C. A review of contraceptive methods for women with cardiac disease. The Obstetrician and Gynaecologist 2018;20: 21-29

Hussain S, Rhymer J. Tackling female genital mutilation in the UK. The Obstetrician and Gynaecologist 2017;19: 273-278

Bakour S, Hatti A, Whalen S. Contraceptive methods and issues around the menopause: an evidence update The Obstetrician and Gynaecologist 2017;19: 289-297

Osman M, Nikolopoulos I, Jayaprakasan K, Raine-Fenning N. Pelvic congestion syndrome. The Obstetrician and Gynaecologist 2013;15:151-7

REGISTRATION

Registration Fee : RM 350.00
Trainee Register Rate : RM 200.00

Not on the Trainee Register yet? Register today with OGSM.

In an effort to reduce our carbon footprint, please click on link provided and register via google forms.
<https://goo.gl/forms/Q9X09O8Tcjb39Wj63>